

Calhoun County Schools

Breakfast January 2021

Dec 17, 2020

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Monday	Tuesday	Wednesday	Thursday	Friday
				Jan - 1 Happy New Year
Jan - 4 Happy New Year	Jan - 5 Happy New Year	Jan - 6 Happy New Year	Jan - 7 Poptart Cereal Bar With Juice Assorted With Fruit Choice Milk Choice	Jan - 8 Muffin Cereal Bar With Juice Assorted With Fruit Choice Milk Choice
Jan - 11 Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Jan - 12 Cereal Poptart With Fruit Choice With Juice Assorted Milk Choice	Jan - 13 Cinnamon, Minis Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Jan - 14 Poptart Cereal Bar With Juice Assorted With Fruit Choice Milk Choice	Jan - 15 Muffin Cereal Bar With Juice Assorted With Fruit Choice Milk Choice
Jan - 18 M. L. King, Jr. Birthday	Jan - 19 Cereal Poptart With Fruit Choice With Juice Assorted Milk Choice	Jan - 20 Cinnamon, Minis Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Jan - 21 Poptart Cereal Bar With Juice Assorted With Fruit Choice Milk Choice	Jan - 22 Muffin Cereal Bar With Juice Assorted With Fruit Choice Milk Choice
Jan - 25 Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Jan - 26 Cereal Poptart With Fruit Choice With Juice Assorted Milk Choice	Jan - 27 Cinnamon, Minis Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Jan - 28 Poptart Cereal Bar With Juice Assorted With Fruit Choice Milk Choice	Jan - 29 Muffin Cereal Bar With Juice Assorted With Fruit Choice Milk Choice

Meals must have 1/2 cup fruit or vegetable.
Menu is subject to change.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*